



LIFE THREATENING ALLERGY MEDICAL EMERGENCY PLAN

Anaphylaxis is a severe allergic reaction and requires immediate intervention.
Common warning signs and symptoms:

- Watery - itchy - red - swollen eyes
- Tingling - itching - swelling - tightness of lips, tongue mouth and / or throat
- Difficulty swallowing - change of voice
- Hives – flushing - itching -rash - swelling of face, trunk or extremities
- Wheezing - shortness of breath - difficulty breathing – cough - tightness in chest
- Nausea – vomiting – diarrhea – stomach pain – stomach cramps
- Pallor – fainting – agitation – feeling of impending doom – loss of consciousness

1. Stay with the person with suspected anaphylaxis
2. If person has a **known** Life Threatening Allergy, administer EPIPEN according to individualized Allergy Action Plan

If person has an **unknown** Life Threatening Allergy, send for School Nurse for assessment and Epinephrine administration
3. Get Help - send for the school nurse or another adult
4. Call 911 –or designate a person to call 911 (use emergency telephone procedure)
5. Manage crowd control / attend to classmates
6. Designate someone to meet responders to direct emergency medical personnel to location
7. Notify building principal
8. The principal / administrator or his designee will accompany the person in the ambulance and remain with the person until a parent / guardian arrives
9. Notify parents or guardian